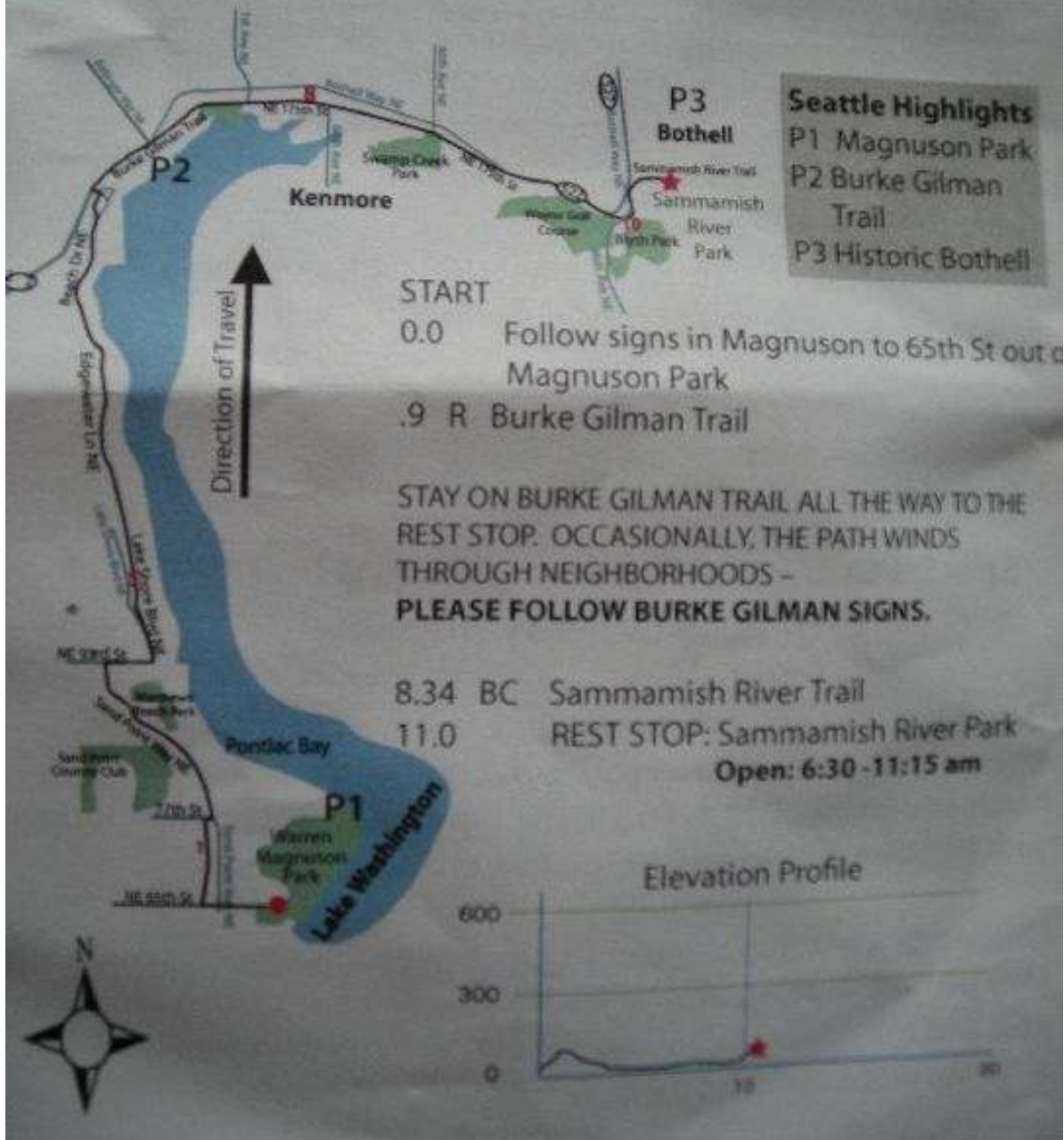


The Half/Full Century

Leg 1 of 4 / Leg 1 of 7

Magnuson Park to Sammamish River Park: 11 mi

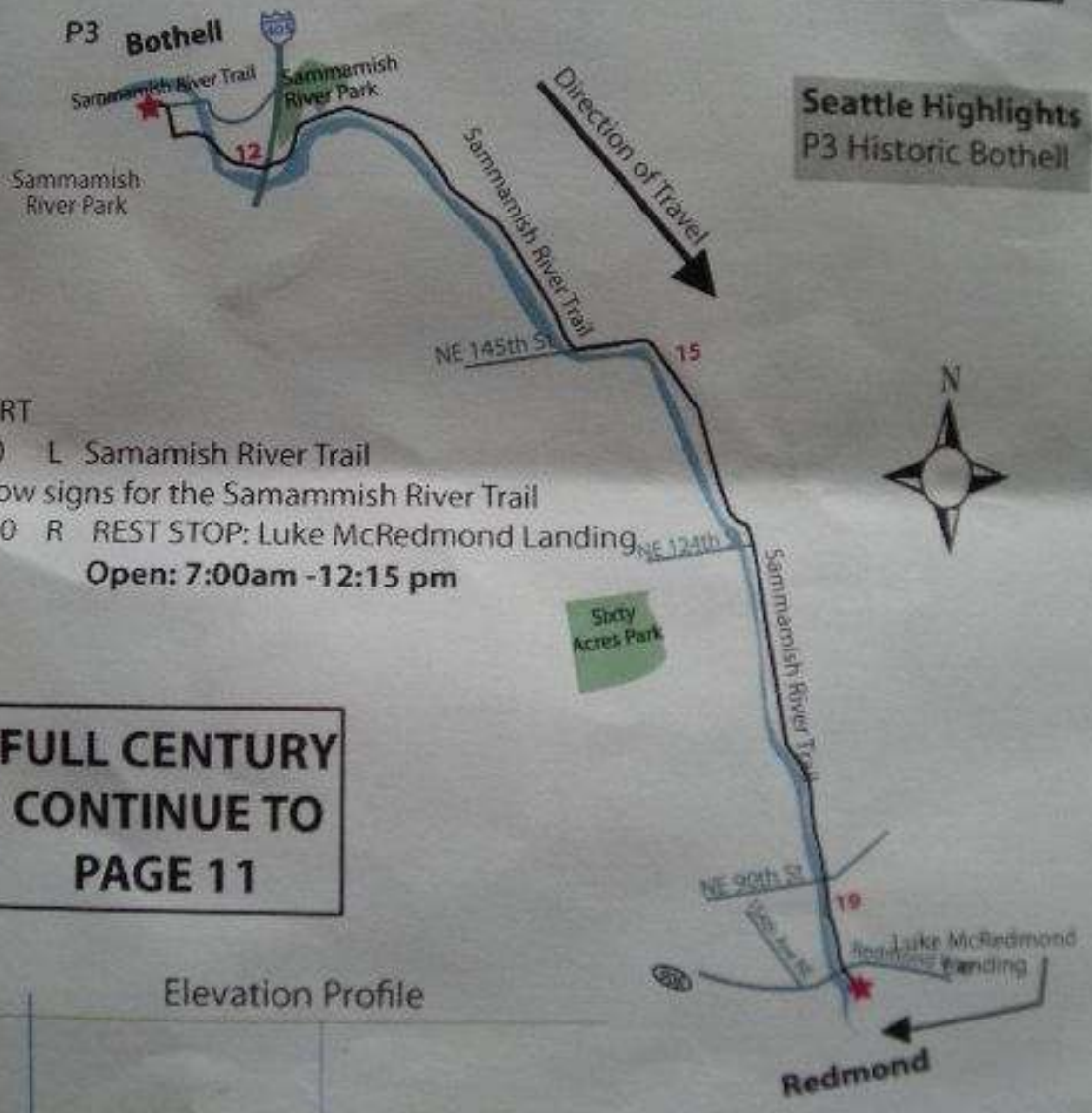


7

The Half/Full Century

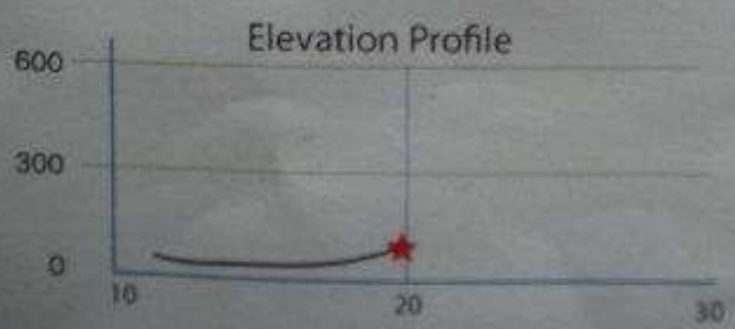
Leg 2 of 4 / Leg 2 of 7

Sammamish to Luke McRedmond Landing 8.3 mi



START
 11.0 L Sammamish River Trail
 Follow signs for the Sammamish River Trail
 19.30 R REST STOP: Luke McRedmond Landing
 Open: 7:00am -12:15 pm

**FULL CENTURY
 CONTINUE TO
 PAGE 11**



The Half Century

Leg 3 of 4

Luke McRedmond to Mercer Lid Park: 18.5 mi

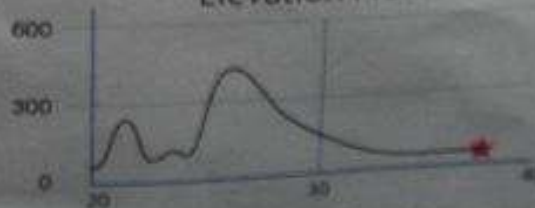
START

- 19.3 L Out of rest stop onto Sammamish River Trail
- 19.6 X Pedestrian Bridge. 3 rights to make a left onto the bike trail
- 20.6 L onto Lake Sammamish Pkwy
- 21.2 L to stay on WEST Lake Sammamish Pkwy
- 28.7 R SE Newport Wy (Join with 100 milers)
- 32.5 L Factoria Blvd.
- 32.8 R SE Coal Creek Pkwy
- 33.8 BC SE 118th Ave
- 34.2 L I-90 Trail - Stay on trail across the island
- 35.1 U-Turn Continue on I-90 Bike Trail,
Follow signs for I-90 Bike Trail
Continue on bike trail past Park & Ride
- 37.7 VR Baseball field on left
- 37.8 X 72nd Ave
Imm. Left into parking lot
REST STOP: Mercer Lid Park
Open: 10:30am - 5pm



Seattle Highlights
P6 Mercer Island

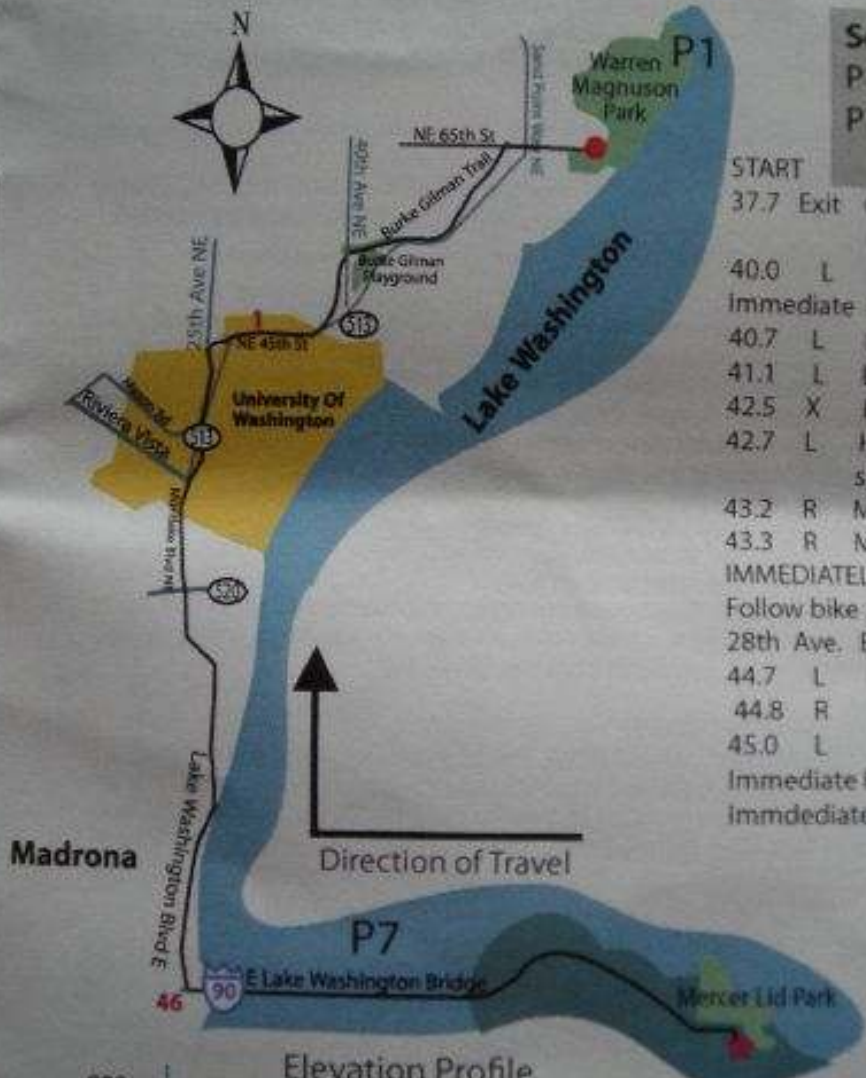
Elevation Profile



The Half Century

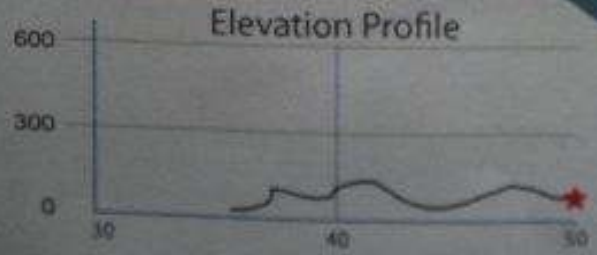
Leg 4 of 4

Mercer Lid to Magnuson Park: 12.3 mi



Seattle Highlights
 P1 Magnuson Park
 P7 Murrow Memorial Bridge

- START
- 37.7 Exit Onto I-90 Bike Trail
 - Cross the bridge
 - 40.0 L Exit trail (Irving)
 - Immediate R Lake Washington Blvd
 - 40.7 L Lake WA Blvd (@ 3-way stop)
 - 41.1 L Lake WA Blvd
 - 42.5 X McGilvra, stay on Lake WA
 - 42.7 L Harrison (follow bike route signs)
 - 43.2 R MLK Blvd
 - 43.3 R Madison
 - IMMEDIATELY L onto 28th Ave.
 - Follow bike route signs
 - 28th Ave. BC 26th Ave
 - 44.7 L Lynn
 - 44.8 R 25th Ave E
 - 45.0 L E Roanoke
 - Immediate Right onto Glenwilder Place
 - Immediate Left, looks like into an alley
 - 45.1 R 24th Ave
 - 45.2 R E Hamlin St
 - 45.3 L E Park Dr E
 - 45.4 L E Shelby St
 - 45.5 R Montlake Blvd
 - 45.7 X Montlake Blvd
 - 45.8 Enter Burke Gilman Trail
 - 49.3 R 65th St
 - 49.5 X Sandpoint Way
 - L Sportsfield Dr
- Follow signs to finish!
- Closes at 6 pm**



SEATTLE HIGHLIGHTS

What you'll see along the way

MAGNUSON PARK

P1 Magnuson Park, the second largest in Seattle, is an impressive 350 acre park on Sand Point at Pontiac Bay, Lake Washington. The area was formerly owned by the Navy until 1975, when a large portion was deeded to the city, who developed it as Sand Point Park. It was renamed in 1977 in honor of Washington Senator Warren G. Magnuson. Today, Sand Point provides habitat for the second richest bird habitat of any park in Seattle, with 170 species reported.

BURKE GILMAN TRAIL

P2 This 27-mile multi-use recreational trail is part of the King County Regional Trail System and occupies an abandoned Seattle, Lake Shore & Eastern Railroad corridor. The trail is a substantial part of 90 miles of signed bike routes in Seattle and 175 miles of the King County Trails System which is planned to eventually extend to 300 miles. It is named after railroad founders Thomas Burke and Daniel Gilman.

HISTORIC BOTHELL

P3 Bothell was first settled in 1870 and grew rapidly in the early 1900's as logging expanded and boat traffic brought increasing amounts of goods and passengers up and down the river. Most boat traffic came to an abrupt end only a few years later when Lake Washington was lowered in 1917. While here, view the historic Beckstrom Log Cabin, which was built in 1884. This tiny house once housed a family with nine children. The house was so small that an exterior lean-to structure was constructed to allow children to sleep outside over its banks.

REMLINGER FARMS, CARNATION (FULL CENTURY ONLY)

P4 This family farm and fun park is located in beautiful Carnation, a town named after the Carnation Milk Products Company. The farm is open May through October, with gorgeous rural scenery, farm animals, fresh vegetables and a country store. The farm fun park features an array of activities including a corn maze, canoe rides, a steam engine and a roller coaster. Enjoy berry pies made with berries picked fresh from the farm. Yum!

SNOQUALMIE FALLS (FULL CENTURY ONLY)

P5 One of Washington's most popular scenic attractions, Snoqualmie Falls is a 268-foot waterfall on the Snoqualmie River. More than 1.5 million visitors come to the Falls every year. For the Snoqualmie People, who have lived for centuries in the Snoqualmie Valley, the falls are "the place where First Woman and First Man were created by Moon the Transformer" and "where prayers were carried up to the Creator by great mists that rise from the powerful flow."

MERCER ISLAND

P6 This island first started out as a place for the Mercer brothers to row from Seattle to hunt, fish and pick berries. After a resort hotel was built on the island, a ferry dock was also built which led to a population growth spurt. Even though the hotel burned down, the ferry service continued, as well as the population growth. Today the island boasts over 35 parks and open spaces of over 400 acres, along with trails in excess of 50 miles.

LACEY V. MURROW MEMORIAL BRIDGE

P7 Lacey V. Murrow Memorial Bridge is a floating bridge that carries the eastbound lanes of interstate 90 across Lake Washington from Seattle to Mercer Island, Washington. It is the second longest floating bridge in the world, at 6,620 ft. The longest is the Evergreen Point Floating Bridge just a few miles to the north on the same lake.

11

The Full Century

Leg 3 of 7

Luke McRedmond to Duvall Church: 13.2 mi

START

19.3 L Out of rest stop on Sammamish Trail

19.6 X Leary Way

20.6 X Redmond Way

21.0 Use pedestrian crossing to cross Avondale Way

R Avondale Way

21.2 L Avondale Rd NE

22.1 R NE Novelty Hill Rd

25.6 L Trilogy Pkwy NE

26.1 @ Traffic circle, take the 2nd exit to stay on Trilogy Pkwy

26.8 R 232nd Ave NE

29.5 R Old Woodinville - Duvall Rd

30.2 !! R Woodinville - Duvall Rd

CAUTION: DANGEROUS TURN

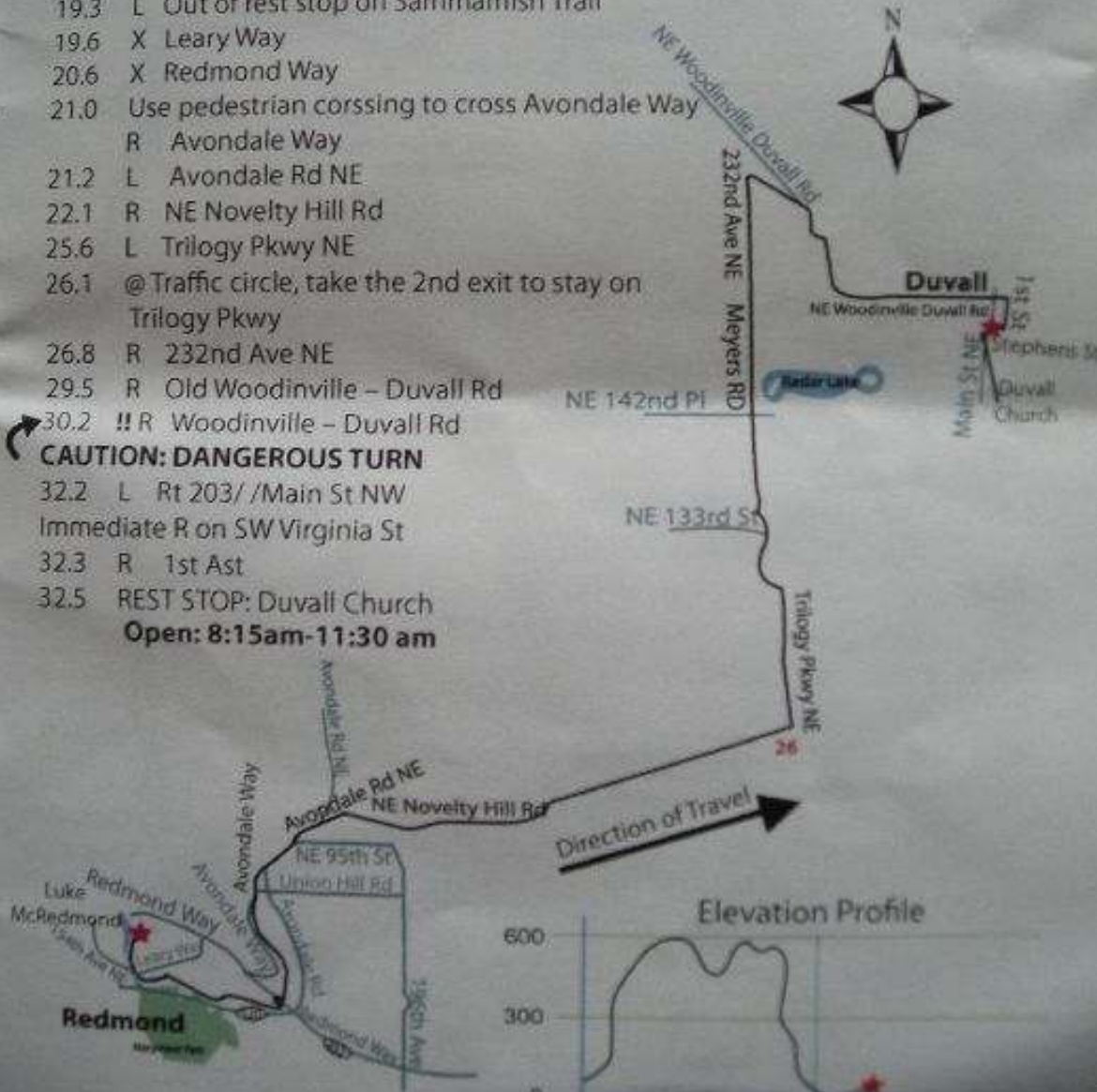
32.2 L Rt 203/ Main St NW

Immediate R on SW Virginia St

32.3 R 1st Ast

32.5 REST STOP: Duvall Church

Open: 8:15am-11:30 am



12

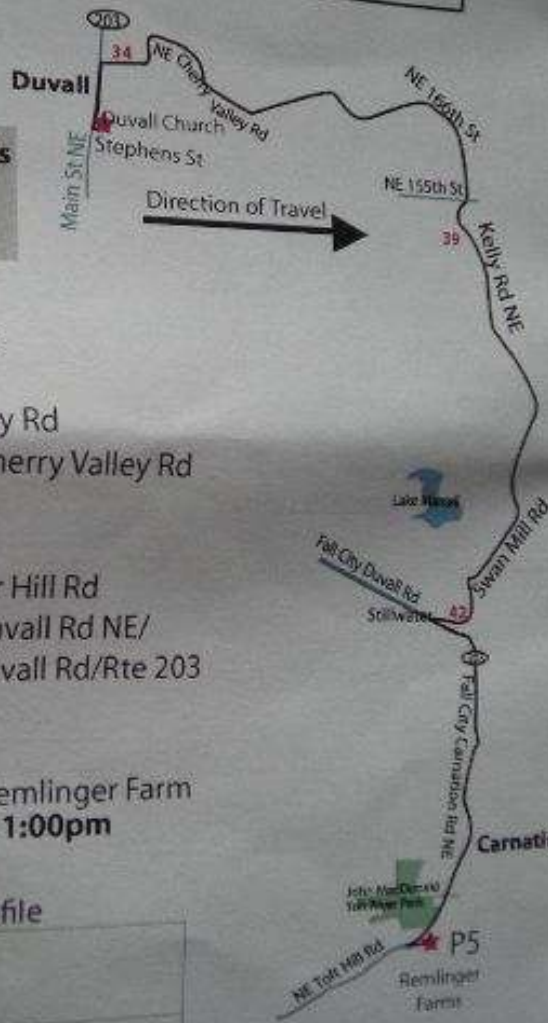
The Full Century

Leg 4 of 7

Duvall Church to Remlinger Farms: 14.5 mi



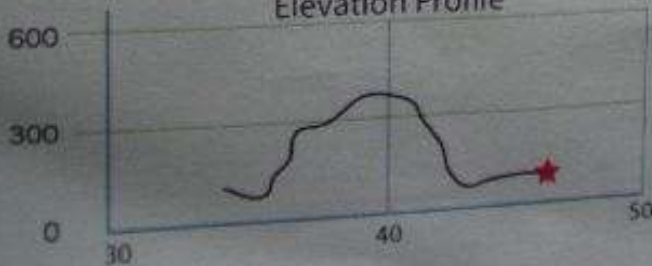
Seattle Highlights
P5 Remlinger Farms



START

- 32.5 R Stephens St
- 32.6 R Main St
- 32.9 R Cherry Valley Rd
- BC 165th St / Cherry Valley Rd
- 37.1 R 166th St
- BC Kelly Rd NE
- BC NE Stillwater Hill Rd
- 42.7 L Carnation Duvall Rd NE/
Fall City - Duvall Rd/Rte 203
- 45.3 BC NE Tolt Rd
- 46.3 L 32nd St
- 46.9 L REST STOP: Remlinger Farm
Open: 9am - 1:00pm

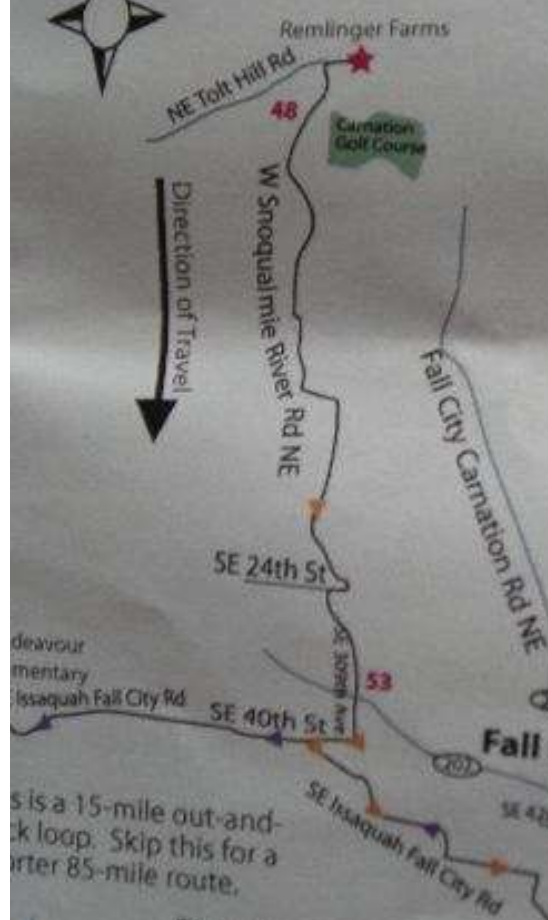
Elevation Profile



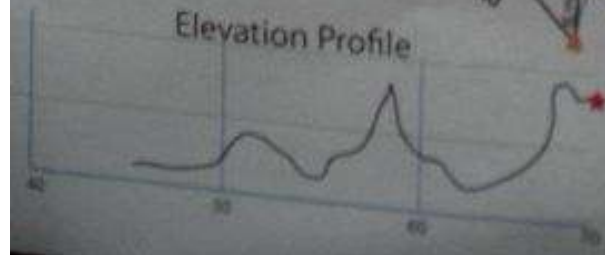
The Full Century

Leg 5 of 7

Remlinger to Endeavour Elementary 24.3 mi



- START
- 46.9 Exit left out of rest stop, turn R on 32nd
 - 47.5 X Tolt Rd (BC Told Hill Rd)
 - 48.5 L W Snoqualmie Rd NE
 - 50.7 BC W Snoqualmie River Rd
 - 52.0 R To stay on W Snoqualmie River Rd
 - 52.3 R SE 24th St
 - 52.5 L 309th Ave SE
 - 52.8 VL 308th Ave SE
 - 53.4 X SE Redmond Fall City Rd
 - 53.5 VR SE 40th St/Issaquah - Fall City Rd
 - 54.0 L SE Issaquah Fall City Rd
 - 46.9 R SE 42nd St
 - 57.1 VR Redmon Fall City Rd / 202
 - 57.4 VL To stay on 202
 - 57.5 At traffic circle, take 1st exit onto 202 / SE Fall City Snoqualmie Rd
 - 61.4 L Into Snoqualmie Falls
Turn right out of the Fall and head N on 202 / Fall City Snoqualmie Rd
 - 65.2 At traffic circle, take 2nd exit onto 202 / Redmond Fall City Rd
 - 65.3 L Preston Fall City Rd
 - 65.5 R SE 44th Pl
 - 66.0 L 332 Ave SE / John St
 - 66.1 R Issaquah Fall City Rd
 - 68.7 L To stay on Issaquah Fall City Rd
 - 69.5 Jog right on 287th then take immediate left to stay on Issaquah Fall City Rd
 - 71.1 L At T-intersection to stay on Issaquah Fall City Rd
 - 71.2 REST STOP: Endeavour Elem



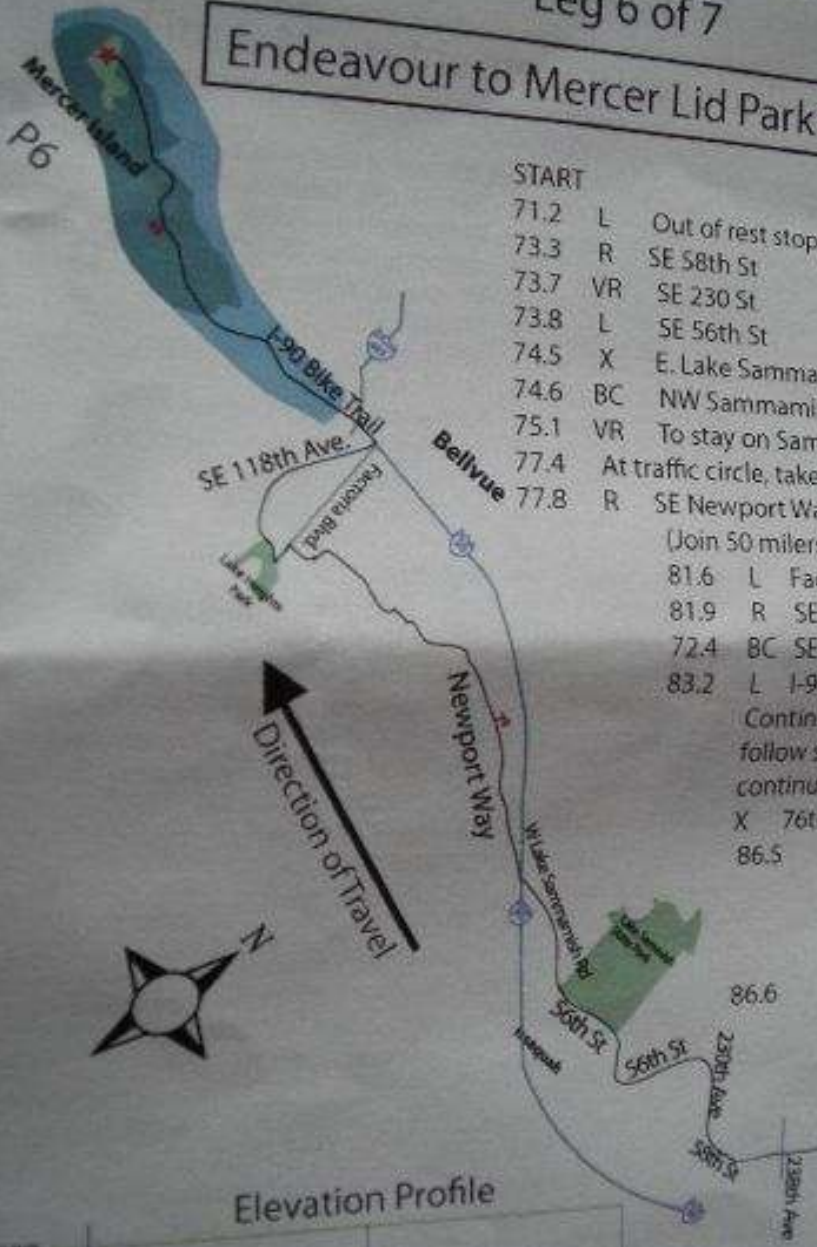
Open: 9:45am - 3pm

Snoqualmie

The Full Century

Leg 6 of 7

Endeavour to Mercer Lid Park: 15.4 mi

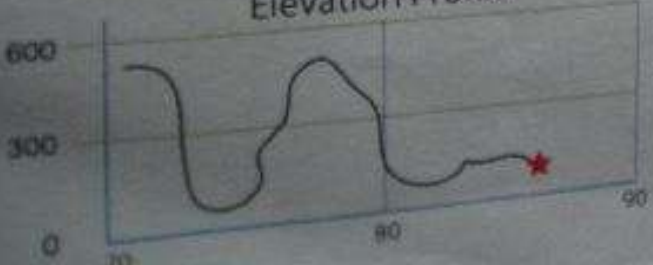


- START
- 71.2 L Out of rest stop onto Issaquah Fall City Rd
 - 73.3 R SE 58th St
 - 73.7 VR SE 230 St
 - 73.8 L SE 56th St
 - 74.5 X E. Lake Sammamish Pkwy
 - 74.6 BC NW Sammamish Rd
 - 75.1 VR To stay on Sammamish Rd
 - 77.4 At traffic circle, take 3rd exit onto 18th Ave
 - 77.8 R SE Newport Way - Follow curve in road to right
(Join 50 milers)
 - 81.6 L Factoria Blvd.
 - 81.9 R SE Coal Creek Pkwy
 - 72.4 BC SE 118th Ave
 - 83.2 L I-90 Bike Trail
- Continue on I-90 Bike Trail, follow signs for I-90 Bike Trail and continue on bike trail past Park & Ride, X 76th Ave to continue on bike path.
- 86.5 VR Baseball field on left
Take a SHARP left so basecall field is on the right and head towards shelter.
 - REST STOP: Mercer LID Park

Open: 11:30am - 5pm



Elevation Profile



Seattle Highlights
P6 Mercer Island